

Social Security Administration

Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) both provide needed financial assistance to many people in the United States who have mental health conditions. The two programs are run by the US Social Security Administration (SSA).

SSDI provides monthly income to individuals who are limited in their ability to work because of a physical or mental disability. Currently almost nine million individuals receive SSDI, and as of 2013, 35.2% of recipients qualify for disability based on a mental health condition. The SSA uses its own definitions of disability and its own diagnostic criteria for determining whether or not an individual has a certain disability.

SSI provides financial assistance to low income, disabled individuals. While SSDI requires a disability and minimum past work requirements, SSI requires disability and financial need, determined by your income and current assets. Over eight million individuals currently receive SSI.

- **Eligibility** [Click here for rules of eligibility](#)
- **Contact** [Click here for contact information](#)

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