

Alcohol Hotline

(800) 331-2900

Alcohol and Drug Helpline

(800) 821-4357

Crisis Text Line

Connect with a trained crisis counselor to receive free, 24/7 crisis support via text message.

Text NAMI to 741-741

[Visit Website](#)

Louisiana Suicide Hotlines

ALEXANDRIA
First Call For Help
United Way of Central Louisiana
Information & Referral Only
(318) 443-2255

BATON ROUGE
Crisis Intervention Center
Baton Rouge Crisis Intervention Center
24 hours / 7 days
Baton Rouge
(225) 924-3900

Outside Baton Rouge
1-800-437-0303
(225) 437-0303

DE RIDDER
Help Line
24 hours
Beauregard De Ridder Community
(318) 462-0609

JEFFERSON

RHD - Mobile Crisis Service / ACT
24 hours / 7 days
(504) 734-2112

LAFAYETTE
Serving Lafayette, Acadiana and beyond
232-HELP / 211
Southwest Louisiana
Education & Referral Center
Monday - Friday, 8:00am - 4:30pm with
24 hour on-call services for emergencies
Information & Referral Line
(337) 232-4357 (HELP)

LEESVILLE
Vernon Parish Crisis Hotline
24 hours / 7 days

(337) 239-HELP
(337) 239-4357

METAIRIE
Copeline Crisis Line
(504) 523-2673

MONROE
Mainline
6 pm - 6 am
(318) 387-5683

MONROE
Y.W.C.A.
Telephone Crisis Counseling
Young Women's Christian Association
24 hours / 7 days
(318) 323-1505
1-800-716-7233
Serving Northeast Louisiana

NEW ORLEANS
River Oaks Hospital
Trauma Stabilization Program
River Oak Hospital
24 hours / 7 days
1-800-366-1740

NEW ORLEANS
Via Link
24 hours / 7 days
(504) 269-COPE (2673)
1-800-749-COPE (2673)
211 Information & Referral
Youth Link
(504) 895-2550

[Visit Website](#)

NAMI Helpline

Helpline staff and volunteers are prepared to answer your questions about mental health issues including:

- Symptoms of mental health conditions
- Treatment options
- Local support groups and services
- Education programs
- Helping family members get treatment
- Programs to help find jobs
- Legal issues (the NAMI Legal Resource Service can connect individuals with attorneys in their area but does not have the resources to provide individual representation)

1-800-950-NAMI (6264) or info@nami.org

[Visit Website](#)

National Council on Alcoholism and Drug Dependence Hopeline

(800) 622-2255

National Domestic Violence Hotline

Trained expert advocates are available 24/7 to provide confidential support to anyone experiencing domestic violence or seeking resources and information. Help is available in Spanish and other languages.

Call 800-799-SAFE (7233)

[Visit Website](#)

National Help Line for Substance Abuse

(800) 262-2463

National Sexual Assault Hotline

Connect with a trained staff member from a sexual assault service provider in your area that offers access to a range of free services. Crisis chat support is available at [Online Hotline](#). Free help, 24/7.

Call 800-656-HOPE (4673)

[Visit Website](#)

National Suicide Prevention Lifeline

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

1-800-273-8255

[Visit Website](#)

National US Child Abuse Hotline

(800) 422-4453

National Youth Crisis Hotline

(800) 442-HOPE (4673)

